



# Jr. NBA 3x5 Fall Basketball League

*Presented by Gold Crown Foundation*

**September 19 – October 24, 2019**



**\*Boys & Girls Divisions for Ages 9-14\***

**FOR:** The Jr. NBA 3x5 Fall Basketball League is a pilot program designed for players to work on their skills during a structured league. This league represents the implementation of the Jr. NBA and USA Basketball Youth Guidelines.

**KEY FEATURES:** Age based team rosters, limited roster size to maximize participation, equal playing time, performance preparation program, no 3-point line, player-to-player defense only, use of age appropriate baskets and ball size, implementation of player development through 3on3, 5on5 league play featuring developmentally appropriate rules, parent education implementation.

**WHEN:** September 19-October 24, 2019 (Thursday evenings) 5:30 pm – 8:30 pm.

**WHERE:** Games are played at our 6-court, 52,000 square foot Gold Crown Field House (150 S. Harlan St, Lakewood, CO 80226).

**FORMAT:** Players will be divided up into teams of 8 players (we will allow teammate requests and full teams to play together, but due to various circumstances, nothing is guaranteed). Each week will start with a player clinic, followed by one-20 minute 3on3 game, followed by a 30-minute 5on5 game.

**AGE APPROPRIATE RULES:** **Ages 9-11:** No 3-point line, 9-foot hoop, Size 6 ball (28.5), player-to-player defense, 14-foot free throw line. **Ages 12-14:** 3-pointers allowed, 10-foot hoop, Girls Size 6 ball (28.5) & Boys Size 7 ball (29.5), player-to-player defense, 15-foot free throw line.

**GAME RULES:** The 3on3 game will be a 20-minute running clock. The 5on5 game will be two 15-minute halves.

**REGISTRATION:** The registration deadline is **Monday, September 16**. The registration fee is **\$175 per player**.

**Registration Opens July 15!**

For further information, please contact the Gold Crown Foundation at 303-233-6776 or e-mail [Basketball@GoldCrownFoundation.com](mailto:Basketball@GoldCrownFoundation.com).