



Jr. NBA 3x5 Fall Basketball League



Presented by Gold Crown Foundation

September 18 – October 23, 2020

Boys & Girls Divisions for Ages 9-14

FOR: The Jr. NBA 3x5 Fall Basketball League is a second year program designed for players to work on their skills during a structured league. This league represents the implementation of the Jr. NBA and USA Basketball Youth Guidelines.

KEY FEATURES: Age based team rosters, limited roster size to maximize participation, equal playing time, performance preparation program, no 3-point line, player-to-player defense only, use of age appropriate baskets and ball size, implementation of player development through 3on3, 5on5 league play featuring developmentally appropriate rules, parent education implementation.

WHEN: September 18-October 23, 2019 (Friday evenings) 5:30 pm – 8:30 pm.

WHERE: Games are played at our 6-court, 52,000 square foot Gold Crown Field House (150 S. Harlan St, Lakewood, CO 80226).

FORMAT: Players will be divided up into teams of 8 players (we will allow teammate requests and full teams to play together, but due to various circumstances, nothing is guaranteed). Each week will start with a player clinic, followed by one-20 minute 3on3 game, followed by a 30-minute 5on5 game.

AGE APPROPRIATE RULES: **Ages 9-11:** No 3-point line, 9-foot hoop, Size 6 ball (28.5), player-to-player defense, 14-foot free throw line. **Ages 12-14:** 3-pointers allowed, 10-foot hoop, Girls Size 6 ball (28.5) & Boys Size 7 ball (29.5), player-to-player defense, 15-foot free throw line.

GAME RULES: The 3on3 game will be a 20-minute running clock. The 5on5 game will be two 15-minute halves.

REGISTRATION: The registration deadline is **Wednesday, September 16**. The registration fee is **\$175/player**.

Health/Safety Guidelines

- Teams will be required to enter/exit pre-determined doors based on which court(s) they are scheduled on.
- The Gold Crown Field House will be segmented into three areas: (Courts 1&2, Courts 3&4 and Courts 5&6)
- For safety and cleaning purposes, all teams must exit the building immediately after their last game of the day.
- Everyone entering the Field House will be required to have a temperature scan and answer screening questions.
- All players, coaches and staff will be required to wear face coverings from the time they enter the facility, to the time they leave. This includes while players are competing.
- Spectators are prohibited from entering the building (One volunteer scorekeeper is the exception).

For further information, please contact the Gold Crown Foundation at 303-233-6776 or e-mail Basketball@GoldCrownFoundation.com.