

## 2021 Gold Crown Fall 3x5 League – Game Rules

**Rules:** The Gold Crown 3x5 Basketball Program will use the National Federation of High School Association's (NFHS) basketball rules, and follow modified Jr. NBA/USA Basketball Guidelines *except for*:

**Game Time:** Each 5-on-5 full court game consists of two 15-minute, running-clock halves. Note: Each 3-on-3 half court game consists of one 20-minute, running-clock game.

**Time-Outs:** Each team will have two 30-second time-outs per game. Unused time-outs do not carry over into overtime, or sudden death. Note: The clock will continue to run during time-outs.

**Halftime:** Halftime will consist of two minutes.

**Overtime:** When a game ends with a tie score, the game will go into sudden death with the following guidelines: after a jump ball at center court, the first team to score any combination of two points will be the winner.

**Scorekeeping:** Each team must provide one person to keep the clock or scorebook for their game. A minimum of two people are required for each game.

**Equal Playing Time:** Equal playing time is required of every team.

### \*\*Boys & Girls 9 – 10 Year Old Division\*\*

**Game Ball:** Size 6 ball (28.5"); **Height of Basket:** 9'

**Set Defense/Double Teaming:** Only player-to-player defense is allowed throughout the competition, and deliberate "double-teaming" is not allowed. Note: If an offensive player with the ball advances past their defensive player, another defender may rotate to guard that offensive player.

**Set Defense:** Player-to-player defense ONLY.

**Pressing Defense:** Player-to-player defense allowed to extend full court in the 4<sup>th</sup> quarter and overtime only. The leading team may not extend the defense over half court when leading by 15 points or more.

**Free Throw Rule:** 14' free throw line. No violation will be called if the player releases the shot behind the free throw line and crosses the line after the shot is released.

### \*\*Boys & Girls 11 – 13 Year Old Division\*\*

**Game Ball:** Size 7 (29.5"); **Height of Basket:** 10'

**Set Defense/Double Teaming:** There are no restrictions, all allowed throughout the competition at coaches discretion.

**Pressing Defense:** Pressing allowed throughout the competition; however, the leading team may not press when leading by 15 points or more.

### Bench Decorum/Warning

**Bench Decorum:** The head coach of each team is responsible for the conduct and behavior of their assistant coach, players, and spectators. **If any coach, player or spectator is ejected from a game, they MUST sit out their next game.**

**Bench Warning:** Officials will not permit unsportsmanlike behavior by the head coach or any personnel on the bench who engages in spontaneous reactions to officiating calls and no-calls. **At the officials discretion, repeated spontaneous reactions or unsportsmanlike behavior by the head coach, bench personnel, players and/or spectators may result in a warning with subsequent incidents resulting in a technical foul(s).**