

Gold Crown Youth Development Volleyball League

THE GAME

Rules: Gold Crown Volleyball uses High School rules. Any exceptions are discussed below. Players must follow rules for the grade and division they are playing in, regardless of the grade the player is actually in.

Game Format: Matches are two out of three sets using Rally Scoring. The first two sets are to 21 points; the third set is 15 points. Teams win by two points with a cap of 24 points on the first two sets and 17 points for the third set. Teams DO NOT switch sides during match.

Game Ball: 7th/8th Graders use high school size. 5th/6th Graders use Volley-Lites.

Net Height: 5th/6th Grade: 7'; 7th/8th Grades: 7'4 1/8"

The Serve: 5th/6th Grade Division players are allowed to serve from a line that is seven feet into the court. When one server wins five points in a row the team will rotate to the next server and retain the ball. If the point spread reaches 10 during a match, the team that is winning must serve from the regular end line (no exceptions). From this position they can serve either underhand or overhand. Once the next match begins or when the point spread drops below 10, teams can resume regular service rules listed above. At the coach's discretion, if a team is having constant difficulty getting the ball over the net, they may start at the service line and take one step into the court.

7th/8th Grade Division players are also allowed to use the seven foot line. However, we highly recommend players start at the end-line. Players are allowed to step over the end-line while serving if they are having difficulty getting the ball in play.