





GOLD CROWN FOUNDATION SPORTS PROGRAMS RETURN TO PLAY PLAN

As Gold Crown Foundation prepares to resume offering sports programming, we want to assure you that we are taking a planned approach.

Phase 1

Prepare to Return

This phase is designed to get athletes prepared to start participating in the sport they love. Most athletes take a few weeks to get back in shape to eliminate risk of injury.

Phase 2

Limited Return

During this phase the objective is to get kids back on the court, but in limited quantity and non-contact format. Players should still be expanding on their at home virtual training, but now combine small in-person trainings.

Phase 3

Increased Return

The goal of this phase is to continue to expand on normal basketball and volleyball activities, but still adhering to local safety measures.

Phase 4

Live Action

Ideally, this would allow Gold Crown to resume the tournament and league offerings everyone knows and loves. One certainty is Gold Crown Foundation will be here to offer first-class programming and a safe facility to play youth sports.

PROGRAM EXAMPLES

These are the types of events we are hoping to run or host during the phases. Please note that exact programs could vary.

Phase 1

Prepare to Return

At Home Strength and Power
 Program: Presented by
 Children's Hospital Sports
 Medicine Department and our
 Athletic Trainer, Amber Craft
 - Jr. NBA at Home: An
 interactive content series
 providing basketball drills that
 can be completed individually
 and in limited space.

Phase 2

Limited Return

-Return to Play Hoops Series
-Summer Golf Series

- Summer Camps (noncontact)
- -Small team practices



Phase 3

Increased Return

- -Small team events (3on3, 3x5...)
- Clinics such as Focus on the Fundamentals
 Additional camps with contact



Phase 4

Live Action

- -Winter Basketball Leagues (Competitive, Elite...) -Volleyball Leagues
 - -Tournaments

Stay up to date on all of our current program offerings by visiting our website.



@GoldCrownCO
"Preparing kids for the game of life."