



2020 Gold Crown Fall Middle School League – Game Rules

Rules: The 2020 Gold Crown Fall Middle School League will use NFHS (National Federation of High School) rules except for the following:

A: Game Time – Each game consists of two 20-minute running halves with the clock stopping on all dead balls in the last two minutes of the second half. The exception to this would be if the score differential is 10 points or more during the last two minutes of the second half (the clock will continue running unless a time-out or injury occurs).

B: Roster – Each team must have a minimum of five players to start the game. A team may finish the game with less than five players. There will be a 5-minute ‘grace period’ for teams to have five players on the court and ready for play.

C: Time-Outs – Each team will have two full time-outs per half. Unused time-outs do not carry over into the second half, overtime, or sudden death. All time-outs are full time-outs; there will be no 30-second time outs.

D: Warm-up – There will be a maximum of four minutes to warm-up before games begin, except for the first game if time allows. Halftime will consist of three minutes.

E: Pressing Defense – Teams that are ahead by 15 or more points are not allowed to press in their opponent’s backcourt. After one warning, additional violations of this rule will result in a technical foul called on the coach.

F: Overtime – When a game ends with a tie score, teams will play one two-minute overtime period with the clock stopping on all dead balls. Each team will have one full time-out in the overtime period. If the score is tied after one overtime period, the game will go to sudden death with the following guidelines: after a jump ball at center court, the first team to score any combination of **two** points will be the winner. There will be no time-outs in the sudden death overtime period.

- **Scorekeeping:** Each team must provide one person to keep the clock or scorebook for their game. A minimum of two people are required for each game.
- **Uniforms:** If two teams have similar colored uniforms, the officials will determine which team will switch to a different color or who will wear pullover jerseys to differentiate teams.
- **Facility Usage:** Coaches must make sure that their players and spectators respect all property and gym facilities when using the Gold Crown Field House.

Bench Decorum/Warning

Bench Decorum: The head coach of each team is responsible for the conduct and behavior of their assistant coach, players, and spectators. **If any coach, player or spectator is ejected from a game, they MUST sit out their next game.**

Bench Warning: Officials will not permit unsportsmanlike behavior by the head coach or any personnel on the bench who engages in spontaneous reactions to officiating calls and no-calls. **At the official’s discretion, repeated spontaneous reactions or unsportsmanlike behavior by the head coach, bench personnel, players and/or spectators may result in a warning with subsequent incidents resulting in a technical foul(s).**