

PREPARE\\PERFORM\\RECOVER\\REPEAT



MEET YOUR CHILDREN'S COLORADO

Certified Athletic Trainer

SPORTS MEDICINE
CENTER



Children's Hospital Colorado

MEET YOUR CERTIFIED ATHLETIC TRAINER

What does having a Certified Athletic Trainer mean for you as a member of Gold Crown Foundation?

Certified Athletic Trainers (ATs) are healthcare providers specially trained in injury and illness prevention, clinical evaluation and diagnosis, immediate and emergency care, and treatment and rehabilitation of injuries and illnesses in athletes. An AT has a bachelor's or master's degree from an accredited professional athletic training education program. In addition, ATs must pass a comprehensive board certification test and meet continuing education requirements to maintain certification.

- Free injury assessments and recommendations for follow-up care
- Injury management, education and prevention
- Functional rehabilitation

In 2016, Children's Hospital Colorado and the Gold Crown Foundation formed a partnership to promote the health and wellness of the entire Gold Crown community. As a result, the Sports Medicine Center at Children's Colorado now staffs ATs to provide injury management for Gold Crown Foundation players.



Meet your Certified Athletic Trainer



Alexis Solomon, LAT, ATC, NRAEMT

Gold Crown Foundation Athletic Trainer

Alexis recently rejoined the Children's Colorado Sports Medicine team after a year away to care for an ill family member. Previously at Children's, she was the head athletic trainer at The Pinnacle Charter School and a float athletic trainer for Adams 12 Five Star Schools. Alexis received her Bachelor of Science degree in Athletic Training from Liberty University in 2016. She has experience working in a variety of sports medicine settings including collegiate, high school, outreach, and a physical therapy clinic. Alexis also holds an Advanced EMT certification and enjoys teaching others about emergency situations. She enjoys spending time with her family, being outside, traveling and drinking coffee.

Please contact Alexis at Gold Crown Foundation with any questions at 336-407-3680.

Meet Your Medical Director from Children's Colorado



Gregory Walker, MD

*Primary Care Sports Medicine Physician
Sports Medicine Center, Orthopedics Institute
Children's Hospital Colorado*

Dr. Walker graduated grew up in Arizona, where he completed his undergraduate (Biochemistry with minor in Physiology) and medical school studies at the University of Arizona. He was chosen to attend the National Institutes of Health for a year-long clinical research fellowship before finishing medical school and subsequent pediatric residency at the University of Arizona. He completed his pediatric sports medicine fellowship at Cincinnati Children's Hospital Medical Center before his 5 year tenure as an attending physician at CCHMC. He came to Children's Colorado Sports Medicine Center in July 2018. Dr. Walker specializes in pediatric sports-related injuries and conditions. He is currently studying sports specialization, COVID-19 effects on youth sports and oculomotor function and its relation to concussion. He also has interests in sports performance and physical inactivity in youth.

Our Sports Medicine Center leads the region in state-of-the-art treatment for developing athletes. From maximizing diet to changing the game in concussion research, our team of physicians, athletic trainers, physical therapists, dietitians, and specialists delivers a care experience geared exclusively to growing bodies. And it's all backed by one of the top pediatric hospitals in the U.S.

Same-day appointments in our Sports Medicine Centers are offered five days a week in locations throughout metro Denver, including:

- [illegible]

† Sports medicine physical therapy services

To learn more about concussion care, visit childrenscolorado.org/Concussion.



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