

# **Career Pathways 2023 - 2024**

Summer Internship Reflections







### Valeria Villareal McKinstry Engineering

Interned at McKinstry, a design/build engineering firm specializing in sustainability. She focused on creating a user guide for the Reveal™ data analytics software, simplifying it for facility managers to monitor equipment performance. Through this project, they gained entry-level knowledge of HVAC systems, improved their ability to interpret data trends, and honed problem-solving, organizational, and computer skills. Additionally, they wrote reports for clients, emphasizing the importance of technical writing in STEM. Their experience also included attending lectures on McKinstry's offerings and a Solar PV array tour at the Colorado School of Mines. Valeria is attending Regis University.

### Leo Agoi **Deeply Rooted Music School**

Worked with elementary and middle school students during music summer camp, learned music production tools and software to record original tracks and songs





### Margharita Tikhanova McKinstry Engineering

Interned at McKinstry, a design/build engineering firm specializing in sustainability. She focused on creating a user guide for the Reveal™ data analytics software, simplifying it for facility managers to monitor equipment performance. Through this project, they gained entry-level knowledge of HVAC systems, improved their ability to interpret data trends, and honed problem-solving, organizational, and computer skills. Additionally, they wrote reports for clients, emphasizing the importance of technical writing in STEM. Their experience also included attending lectures on McKinstry's offerings and a Solar PV array tour at the Colorado School of Mines. Margharita is attending Red Rocks Community College.

### Noah Paul **Deeply Rooted Music School**

Learned video editing software and created content for social media broadcasting to promote the summer camp music enrichment season.



#### Silas Gomez History Colorado

Explored graphic design, digital illustration, and created visual storyboards showcasing the work and operations of employees at History Colorado Center. Silas is entering his sophomore year at MSU Denver.



#### Nathan Perez Colorado Eye Consultants

Jackie Kibozi

Apex Systems Jackie's internship with Apex Systems, a leading

global technology services firm, provided the

opportunity to sit in on a variety of client

meetings. She also got to design and create marketing materials for their upcoming golf

tournament fundraiser. She was able to secure

several sponsorship and donation commitments.

She used her marketing skills to create materials

used for internal and external communications. Jackie was able to apply her newly learned

recruiting skills to source candidates for the technical recruiting team. Jackie is a senior at Lakewood High School.

Communicated with patients while taking them back to clinic in a timely manner. He adapted well to a busy office. First shadowed other technicians, then performed vision fields, diagnostic tests on his own.

Nathaniel received a scholarship to CO School of Mines where he will study mechanical engineering.



Her internship included rotations at the school of Pharmacy, the Pathology Lab and working in Central Supply where she learned to stock isolation carts and deliver items to different units in the hospital. Becky also attended several "Lunch and Learns", hosted by renowned speakers from various fields of medicine. Becky is attending Red **Rocks Community College.** 











## Julieth Hernandez City of Lakewood Attorney's Office

Julieth had exposure to learning the court process including DV's, Traffic, Adult Penal cases, Identity theft, and homeless cases. Spent time understanding state cases with the police Legal Advisor. Spent time doing legal research both online and with books from the library to understand how case law affects cases going before today's courts.

Julieth is attending University of Northern Colorado.

#### Katie Chiunti Children's Museum

Katie was the assistant in the gift shop. She helped with Stocking, merchandising, pricing organizing and cleaning. Great interactions with gift shop and front desk staff including positive interactions and teamwork. Katie earned a partial scholarship and will be attending CU Boulder.



# Malia Yazzie City of Lakewood Attorney's Office

Malia had exposure to learning the court process including DV's, Traffic, Adult Penal cases, Identity theft, and homeless cases. She spent time doing legal research both online and with books from the library to understand how case law affects cases going before today's courts. Malia is a senior at Jeffco Open School.



### Silvia Navarette Mortenson Construction

Through shadowing, Silvia had the opportunity to be exposed to many facets of the constructions business. She worked in areas including virtual design and pre-construction estimating. Her favorite part was being out in the field on active job sites. Silvia will be studying mechanical engineering at Denver University where she earned a full

scholarship.



#### Tobias Centeno Andrade Fashion

Aided in the creation of patterns to be used on clothing for a large company, designed flyers for entertainment events in Los Angeles, and researched various elements of brand building in the fashion industry. **Tobias is a senior at Lakewood High School.** 



#### Gray Ohleyer All Its Own

Worked in a hybrid art/plant shop, managing inventory and dealing directly with customers in a retail small business environment, where over 30 local Denver artists are represented.

Gray is a senior at Jeffco Open School.



#### Eli Meismer Elite Entertainment

Assisted the warehouse manager of a high end DJ business, primarily prepping equipment and gear for weekend events and countless Colorado weddings.

Eli is a senior at Jeffco Open School.



#### Brianna Tadlock Mint & Serif

Served and worked directly with customers at this unique Denver coffee shop. Also helped to manage inventory, prep and setup for special events, and work through daily coffee cafe tasks.

Brianna is a senior at Bear Creek High School.



### Asher Bruns Gold Crown Foundation

Asher had the opportunity to engage with key leaders including the Executive Director, Finance Director, Facilities Director, Sports Director, Athletic Director, and the Partnership and Development Manager. Additionally, he served as a student assistant in the weeklong robotics summer camp, further broadening his experience.

Asher will soon present his findings and recommendations to the Foundation's directors. His contribution has sparked the possibility of annually hosting an internship position with GCF and Pathways, potentially paving the way for future interns. Asher is a senior

future interns. Asher is a senior at Green Mountain High School.



Achieved a variety of new goals, earning certifications in administering vitals and nutrition. Additionally, she prepared breakfast for 11 residents each day, fostering strong, individualized relationships, which significantly improved her bedside manner and medical expertise.

Tshebia demonstrated exceptional dedication and growth and is now a student at Metropolitan State University to further explore her interest in a medical career. Tshebia is attending

Metro State University.



#### Eleisha Bogyah CL&A Associates

Unique experience which afforded a great deal of autonomy having earned trust early on to use good judgment and represent the firm. Eleisha worked on several campaigns including Tobacco Free Kids, and attended several City Council meetings. She assisted four staff members with research on land use, transportation, and various topics.

Eleisha is attending Colorado State College.



#### Savannah Waller **Best Buy**

Savannah officially earned her Best Buy
"blue shirt" after passing her PC certification.
She is a sales associate rotating to various
departments and completing sales and returns
as a cashier. She has been asked to stay on
past her internship as part-time through
the holidays. Savannah is a senior
at Lakewood High School.







### Gabby Galeano Next Level Sports Rehab

Was able to shadow physical therapy sessions, as well as sports training with athletes. Assisted in getting areas and supplies prepared for incoming clients and also helped keep up with lots of laundry! Gabby is a senior at Lakewood High School.

### Sheila Arias 40 West Arts Creature Arcade Tattoo

Sheila assisted teaching a two-week summer camp for preschool children. Besides the usual fun arts and crafts, she assisted in walking field trips to Blaze Pottery, Rocky Mountain School of Art and Design and the iconic Casa Bonita! The last part of her internship is working with Val Galado, a tattoo artist and Clubhouse alum. With hopes to become a tattoo artist, Sheila is shadowing Val and gaining instruction as she refines her fine art skills and builds her portfolio.



### Kalel Goodwin Footer's Catering

Kalel attended the culinary program at Warren
Tech last year which prepared him for the
fast-paced work in Footers' kitchen. From his
very first day he was in the kitchen preparing
large batch recipes, chopping, rolling and
prepared a lunch salad for the staff! He continued
with kitchen prep work and worked a few special
events where he first helped load carts with
needed supplies. He has been asked to work
weekends while continuing his senior year at
Lakewood High School.